

Men-OH-Pause

by Anita Elise Kohli

Men-OH-Pause give your wives a break,
don't get up and leave them to wash up the plates.
They're on their feet before every meal

cooking and washing and keeping the home
clean.

They won't cook once daily 'cos you want your
meals fresh, and I think you know that they really
need some rest.

Women-OH-Pause just stop and think
are busy lifestyles driving your family to the
brink?

Long working hours and fancy vacations
when you all need rest and can have a lazy
low-budget stay-cation?

Men do some housework. It will keep
you fit, and your blood sugar levels
might even come down a bit.

Women slow down before you get
older, set routines that will support you and
keep family together.

People make time. Slow down the pace so you have
memories that will put a smile on your face.

An excerpt from Exploring Patriarchy at therelaxedhousekeeper.com.

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